

BC160 Basic boxing trainer (ID 36673, EAN 8591792366730)



INFLATABLE PUNCHING BAG

User Manual

HOW TO USE



- 1 Pour some water or sand into the bottom hole. It is recommended to note 12-15L.
- 2 Fill an appropriate amount of air into the port. Press the port inside after the air is full



- 3 The middle part also needed to inflate by the same way.
- 4 The third air port is located at the top and inflate it till it's full.



- 5 Done

warm tips:

It is recommended to use air pump, pump is not included in the package.

Product description:

Our punching bag can with stand your hardest kicks and punches. It responds quickly by bouncing back up immediately without falling over. Constructed from durable multi-layer PVC material, this target bag is sure to hold up to your vigorous training standards. The base can be filled with either sand or water depending on your preference. Intended for ages 6 to adult.

Warm tips

1. DO not leave the child unattended while the device is in use.
2. Do not use high-pressure air to inflate. Do not over inflate.
3. From accessories to raw materials all have to undergo a rigorous screening, you could rest assured to use. Please remember that only to be used in water in which the child is within its depth and under adult supervision.

No matter what martial arts you choose

- *Boxing
- *Taekwando
- *KarateKick Boxing
- *Or when you just want to have pure fun or your child needs to spend some of that energy before relaxing, he's here for you wherever or whenever you want him.